

## Class B East Region Cross Country Meet History

### Girls

<u>Year</u>	<u>Team Champion</u>	<u>Points</u>	<u>Individual Winner</u>	<u>School</u>	<u>Time</u>	<u>Site</u>
1989	New Rockford	20	Dixie McKay	Warwick	17:29	Jamestown
1990	Rugby	26	Lynn Azure	Fort Totten	16:22	Jamestown
1991	Rugby	30	Lynn Azure	Fort Totten	17:02	Jamestown
1992	Rugby	55	Lynn Azure	Fort Totten	17:07	Jamestown
1993	Rugby	29	Codi Lehr	Gackle	15:46	Cooperstown
1994	Rugby	69	Jordan Hoffert	Cando	15:37	Cooperstown
1995	Griggs County Central	81	Jordan Hoffert	Cando	15:30	Cooperstown
1996	Rugby	42	Jordan Hoffert	Cando	15:50	Cooperstown
1997	Rugby	44	Alexa Zink	Medina	15:50	Cooperstown
1998	Langdon	26	Lauren Treleaven	Langdon	16:05	Cooperstown
1999	Langdon	31	Krista Anderson	Leeds	14:44	Cooperstown
2000	Langdon	61	Krista Anderson	Leeds	15:06	Cooperstown
2001	Carrington	41	Krista Anderson	Leeds	14:53	Cooperstown
2002	Carrington	50	Krista Anderson	Leeds	14:38	Cooperstown
2003	Carrington	42	Lindsay Anderson	Leeds	14:13	Cooperstown
2004	Langdon	76	Lindsay Anderson	Leeds/Maddock	14:07	Cooperstown
2005	Rugby	64	Lindsay Anderson	Leeds/Maddock	14:05	Cooperstown
2006	Griggs County Central	50	Lindsay Anderson	Leeds/Maddock	14:31	Cooperstown
2007	Grafton	40	Lindsay Anderson	Leeds/Maddock	14:41	Cooperstown
2008	Griggs County Central	58	Sydney Kraft	Rugby	15:17	Cooperstown
2009	Griggs County Central	62	Chandra Yankton	Dunseith	15:45	Cooperstown
2010	Rugby	48	Alyssa Anderson	Benson County	14:47	Cooperstown
2011	Hillsboro	86	Chandra Yankton	Dunseith	15:28	Cooperstown
2012	Hillsboro/Central Valley	63	Ashley Perez	Dakota Prairie	15:46	Cooperstown
2013	Hillsboro/Central Valley	63	Ashley Neumiller	Carrington	15:09	Cooperstown
2014	Hillsboro/Central Valley	37	Cailee Peterson	Mayville-Portland-Clifford-Galesburg	14:35	Cooperstown
2015	Hillsboro/Central Valley	57	Cailee Peterson	Mayville-Portland-Clifford-Galesburg	14:22	Cooperstown
2016	Hillsboro/Central Valley	70	Reagan Baesler	Hillsboro/Central Valley	18:24	Cooperstown
2017	Hillsboro/Central Valley	76	Elise Ramberg	Langdon Area/Edmore/Munich	18:57	Cooperstown
2018	Hillsboro/Central Valley	74	Lana Krack	Thompson	18:47	Cooperstown
2019	Rugby	66	Elise Ramberg	Langdon Area/Edmore/Munich	19:16	Cooperstown

First Year of 5000 Meters

### Boys

<u>Year</u>	<u>Team Champion</u>	<u>Points</u>	<u>Individual Winner</u>	<u>School</u>	<u>Time</u>	<u>Site</u>
1989	Lisbon	57	Brad Defender	Dunseith	17:21	Jamestown
1990	Lisbon	56	Jad Levi	Zealand	17:01	Jamestown
1991	Dunseith	24	Dan Heckaman	New Rockford	17:01	Jamestown
1992	Grafton	58	Bart Bjornson	Grafton	17:22	Jamestown
1993	Grafton	54	Randy Habeck	Carrington	16:39	Cooperstown
1994	Griggs County Central	38	Scott Brandt	Rugby	17:38	Cooperstown
1995	Griggs County Central	32	Noopah Littleghost	Four Winds	17:28	Cooperstown
1996	Griggs County Central	35	Bryan Trautman	Griggs County Central	16:38	Cooperstown
1997	Griggs County Central	26	Bryan Trautman	Griggs County Central	16:33	Cooperstown
1998	Griggs County Central	23	Bryan Trautman	Griggs County Central	16:50	Cooperstown
1999	Lisbon	38	Jon Krenz	Griggs County Central	17:05	Cooperstown
2000	Griggs County Central	32	Tyler Bodnar	Langdon	17:33	Cooperstown
2001	Lisbon	29	Josh Switzer	Lisbon	17:31	Cooperstown
2002	Griggs County Central	42	Kurt Rettig	Medina	17:26	Cooperstown
2003	Griggs County Central	45	Brandon Huether	Lisbon	17:30	Cooperstown
2004	Lisbon	64	Brandon Huether	Lisbon	17:16	Cooperstown
2005	Bottineau	58	Patrick Askew	Cavalier	17:21	Cooperstown
2006	Cavalier	81	Devin Monson	Hatton/Northwood/Thompson	16:56	Cooperstown
2007	Lisbon	68	Devin Monson	Hatton/Northwood/Thompson	16:58	Cooperstown
2008	Rugby	40	Anthony Finstad	Lisbon	17:11	Cooperstown
2009	Rugby	36	Bridger Belzer	North Star	17:27	Cooperstown
2010	Rugby	35	Adam Monson	Hatton/Northwood/Thompson	17:11	Cooperstown
2011	Rugby	46	Thomas Horgeshimer	Lisbon	16:54	Cooperstown
2012	Lisbon	64	Thomas Horgeshimer	Lisbon	16:57	Cooperstown
2013	Medina	91	Thomas Horgeshimer	Lisbon	17:02	Cooperstown
2014	Hillsboro/Central Valley	106	Nick Thomas	Medina/Pingree-Buchanan	16:56	Cooperstown
2015	Rugby	56	Isaac Huber	Edgeley	16:31	Cooperstown
2016	Rugby	38	Isaac Huber	Edgeley/Kulm	16:25	Cooperstown
2017	Hillsboro/Central Valley	65	Isaac Huber	Edgeley/Kulm	16:16	Cooperstown
2018	Hillsboro/Central Valley	58	Isaac Huber	Edgeley/Kulm	16:13	Cooperstown
2019	Hillsboro/Central Valley	63	Chase Fossum	Hillsboro/Central Valley	16:50	Cooperstown